

CREA PUMP

IN 1 SERVING:
6,5 g CreaRage 7™ | 100 mg Vitamin C
41 g CarboX™ | 100 µg Chromium

CREATINE INCREASES PHYSICAL PERFORMANCE IN SUCCESSIVE BURSTS OF SHORT-TERM, HIGH INTENSITY EXERCISE. THE BENEFICIAL EFFECT IS OBTAINED WITH A DAILY INTAKE OF AT LEAST 3 G OF CREATINE.

Burst with 7 arts of creatines!

This ultimate creatine transport matrix releases 7 types of creatine (including its buffered and micronized forms) into the bloodstream. It is fueled by CarboX, a 5 component carbohydrate matrix enhanced with Palatinose. Like all BioTech USA products, Crea PUMP consists of safe, carefully selected nutrients.

WARNINGS: KEEP OUT OF REACH OF CHILDREN. Store bottle tightly closed between 5-30°C (41-86°F) and the relative humidity below 70%. Keep away from direct heat, moisture and sunlight. Dietary supplements do not replace a balanced nutrition and healthy lifestyle. Not recommended for use by pregnant or nursing women. Not for use by individuals with under the age of 18 or those with medical condition. Do not exceed the recommended dosage.

DIRECTIONS FOR USE: Use 1 serving of Crea PUMP in the morning and 1 serving immediately after training or during competition. On non-training days, take 1 serving in the morning and 1 in the afternoon. Vary the amount of liquid to achieve the desired flavor and consistency.

MADE IN THE EUROPEAN UNION
Formulated and manufactured for

BioTech USA

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palatinose™
isomaltulose

BioTech USA™

CREA PUMP

ULTRA-ADVANCED CREATINE TRANSPORT

**1000
GRAMS**



HIGH INTENSITY



PERFORMANCE

Supplement Facts

Serving size: 50 g
Servings per container: 20

	daily amount (2 servings)	%RDA* per serving
Energy	1589 kJ / 373 kcal	**
Protein	1 g	**
Carbohydrate		
CarboX™ (dextrose, maltodextrin, fructose, ribose, Palatinose)	82 g	**
Fat	0 g	**
Vitamin C	200 mg	250%
Calcium	50 mg	6%
Magnesium	50 mg	13%
Phosphorus	40 mg	6%
CreaRage 7™	13 g	**
<small>(creatine monohydrate, tricalcium malate, creatine AKG, creatine phosphate, creatine ethyl ester, buffered creatine, micronized creatine)</small>		
aRecover™ (L-leucine, L-arginine, L-glutamine, L-valine, L-isoleucine)	1000 mg	**
BBE™ Factor		
Chromium	200 µg	500%
Alpha lipoic acid	100 mg	**

*RDA – Recommended Dietary Allowance
**No RDA has been established.

LOT / EXP

INGREDIENTS: CarboX™ (dextrose, maltodextrin, fructose, ribose, Palatinose), CreaRage 7™ (creatine monohydrate, tricalcium malate, creatine AKG, creatine phosphate, creatine ethyl ester, buffered creatine, micronized creatine), aRecover™ (L-leucine, L-arginine, L-glutamine, L-valine, L-isoleucine), ascorbic acid, tricalcium phosphate, dimagnesium phosphate, BBE™ Factor (chromium picolinate, alpha lipoic acid), sweeteners (sucralose, acesulfame-K), aroma, color (E124)

ATTENTION: color E124 may have an adverse effect on activity and attention in children.

