

Supplement Facts

Serving Size 1 Scoop (~25g) Servings Per Container 36

Amount Per Serving	%DV*	Amount Per Serving	%DV*
Calories	84	Protein	20g 40%*
Calories from Fat	0	Riboflavin	140mcg 8%
Total Fat	0g 0%*	Calcium	104mg 10%
Saturated Fat	0g 0%*	Phosphorus	62mg 6%
Cholesterol	1.7mg <1%*	Magnesium	22mg 6%
Total Carbohydrate	1g <1%*	Sodium	56mg 2%*
Sugar	0g **	Potassium	172mg 5%

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

OTHER INGREDIENTS: Ultrafiltrated isolated whey protein (milk) [consisting of β -Lactoglobulin (β -Lg), α -Lactalbumin (α -Lac), Glycomacropeptide (GMP), Bovine Serum Albumin (BSA), Immunoglobulins (IgG), Lactoferrin, Lactoperoxidase, Protease-Peptide], cocoa, natural & artificial flavors (sulfites), lecithin (soy), sodium chloride, sucralose, acesulfame potassium.

DOSAGE: Mix one rounded scoop with 6-8 oz of your beverage of choice. Take 1-3 servings per day.

NOTE: Do not use as your sole source of calories.

WARNING: This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements. Immediately discontinue use if any side effects occur. For State of California: this product contains a chemical known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning authority before use. Do not exceed recommended dose. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

Typical Amino Acid Profile Grams of amino acids in 100g of pure protein.

ESSENTIAL AMINO ACIDS		NON-ESSENTIAL AMINO ACIDS	
L-Leucine (branched chain)	10 g **	L-Arginine††	2.1 g **
L-Isoleucine (branched chain)	5.7 g **	L-Cystine	2.3 g **
L-Valine (branched chain)	5.4 g **	L-Alanine	4.6 g **
L-Lysine	8.3 g **	L-Aspartic Acid	9.8 g **
L-Threonine	5.9 g **	L-Glutamic Acid	11.2 g **
L-Methionine	1.9 g **	L-Glutamine	4.3 g **
L-Phenylalanine	3.1 g **	L-Glycine	1.7 g **
L-Tryptophan†	1.5 g **	L-Proline	5.1 g **
L-Histidine	1.8 g **	L-Serine	4.3 g **
		L-Tyrosine	2.7 g **

† The L-Tryptophan in this product is naturally occurring in the protein. It is not added or manufactured.

†† Conditionally essential amino acid. The amino acids in this product are naturally occurring from the protein source. They are not added or manufactured.



MADE PROUDLY IN THE U.S.A.
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