

**DIRECTIONS:** On training days, lightly shake the bottle with the cap on, then:

**Beginners:** Mix 1 scoop with 40 ml (1.35 oz) of cold water.

**Advanced:** Mix 2 scoops with 80 ml (2.71 oz) of cold water.

**Professional:** Mix 3 scoops with 120 ml (4.06 oz) of cold water.

We strongly recommend starting with 1 scoop to assess your tolerance to the ingredients in this product. It is recommended that you do not use this product if you are sensitive to any of its ingredients. Drink immediately after mixing. For best results, take Horse Power® X 15 minutes before working out. Do not exceed 3 scoops in any 24-hour period.



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WWW.ULTIMATENUTRITION.COM

TORABOLIC™ is a trademark of Indus Biotech Private Limited.  
Capsimax® is a registered trademark of OmniActive Health Technologies. Razberi-K® is a registered trademark of Integrity Nutraceuticals International, Inc.

**WARNING:** Discontinue use and consult a physician if you experience any unusual symptoms. Do not use Horse Power® X if you are under 18 or over 50 years of age. Do not use if you are pregnant, nursing, or are trying to become pregnant. Do not combine Horse Power® X with other caffeinated products. Each scoop of this product contains approximately the same amount of caffeine as 5 oz of coffee. Too much caffeine may cause nervousness, irritability, sleeplessness, and occasionally, rapid heartbeat. We recommend not consuming Horse Power® X within 4 hours of bedtime. Consume at least 122 oz (3,600 ml) of water each day you take Horse Power® X. After every 6 weeks of continuous use, we recommend discontinuing use for 2 weeks. Consult a doctor or healthcare professional before using this or any dietary supplement, before beginning any type of exercise program, if you have any type of pre-existing medical condition (including family history), or are taking any type of medication. If you are a competitive athlete, check with your sports association before using this product.

- Do not use if seal under cap is broken or missing
- Keep out of reach of children
- Protect from heat, light, and moisture
- Store at 15–30 C (59–86 F)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

[www.sporteda.com.ua](http://www.sporteda.com.ua) **ULTIMATE NUTRITION**  
*Ultra-Concentrated Pre-Workout* **PLATINUM SERIES**

# HORSE POWER® X

*Strength\* Stamina\**  
*Definition\* Drive\**

**BLUE RASPBERRY**  
NATURALLY & ARTIFICIALLY FLAVORED

**MULTI-INGREDIENT SUPPLEMENT**  
NET WT. 7.94 OZ. (225 G)

**Daily Pre During Post Night**

**SUPPLEMENT FACTS** Amount per Serving: 1 Scoop (about 5 g) • Servings per Container: 45

	BEGINNER: 1 SCOOP		ADVANCED: 2 SCOOPS		PROFESSIONAL: 3 SCOOPS	
	Amt. per Svc.	% DV*	Amt. per Svc.	% DV*	Amt. per Svc.	% DV*
Calories	0		0		5	
Total Carbohydrates	0 g	0%	<1 g	<1%	1 g	<1%
<b>X-1 ENGAGE™</b>						
Niacin	17 mg	80%	33 mg	165%	50 mg	250%
Vitamin B6 (as pyridoxine hydrochloride)	17 mg	800%	33 mg	1,650%	50 mg	2,500%
Vitamin B12	17 mcg	267%	33 mcg	550%	50 mcg	833%
L-Tyrosine	167 mg	†	333 mg	†	500 mg	†
<b>X-2 EVOLVE™</b>						
Creatine Monohydrate	1,167 mg	†	2,333 mg	†	3,500 mg	†
Beta Alanine	1,067 mg	†	2,133 mg	†	3,200 mg	†
L-Citrulline	1,000 mg	†	2,000 mg	†	3,000 mg	†
TORABOLIC™ Fenugreek (Seed) [Containing 70% Trigonellin]	167 mg	†	333 mg	†	500 mg	†
Capsimax® Capsicum Extract (Fruit) [Containing 2% Capsaicinoids]	33 mg	†	67 mg	†	100 mg	†
<b>X-3 EXCEL™</b>						
Caffeine Anhydrous	83 mg	†	167 mg	†	250 mg	†
Razberi-K® Raspberry Ketones	67 mg	†	133 mg	†	200 mg	†

\*% Daily Values (DV) are based on a 2,000 calorie diet †Daily Value not established

Horse Power® X contains approximately 83 mg of caffeine per scoop.

**OTHER INGREDIENTS:** Natural and Artificial Flavors, Citric Acid, Malic Acid, Sucralose, Acesulfame Potassium, and FD&C Blue #1

