

Protein Coffee
Original coffee flavor
Powder with Protein, Coffee, Caffeine and Sweetener

NET WT:
600 G

Nutrition Information

Serving size: 40 g (1 scoop)

Servings Per Container: 15

Amount per serving	40 g	RI%*	100 g
Energy	586 kJ/140 kcal	7%	1456 kJ/348 kcal
Fat	2.7 g	4%	6.7 g
of which Saturates	0.98 g	5%	2.4 g
Carbohydrate	2.0 g	1%	5.0 g
of which Sugars**	2.0 g	2%	5.0 g
Protein	27 g	54%	67 g
Salt	0.9 g	15%	2.2 g
Caffeine	100 mg	-	250 mg

*RI%: Reference intake of an average adult (8400 kJ/2000 kcal). **Contains naturally occurring sugars.

Ingredients: Instantized Whey Protein Concentrate (from *Milk*, Emulsifier: *Soy Lecithin*), Instantized Coffee (Emulsifier: *Soy Lecithin*), Fat-Reduced Cocoa Powder (10-12%), *Milk* Powder, Sodium Chloride, Caffeine Anhydrous, Sweetener (Sucralose).

Directions: Heat 300 ml water to approximately 60 Celsius (microwave at 850 Watts for a minute), then add 1 serving (40 g) of powder daily and stir until dissolved. Best to use in the morning and before training (unless it's close to bedtime).

Warnings: This product contains caffeine (100 mg/serving). Not recommended for children or pregnant women. **KEEP OUT OF REACH OF CHILDREN!** Don't exceed the recommended daily dosage! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.