

Mega Daily One Plus is our advanced multi-vitamin and mineral formula with 25 ingredients! It features a high-dose Vitamin B complex and Vitamin C, plus essential minerals including Magnesium, Selenium and Zinc. Vitamin C contributes to the normal function of the immune and nervous systems, and to the reduction of tiredness and fatigue. It also helps to maintain the normal function of the immune system during and after intense exercise (the beneficial effect is obtained with a daily intake of 200 mg in addition to the recommended daily intake of Vitamin C)! Vitamin B2 contributes to the maintenance of normal vision and normal red blood cells. Folate contributes to normal amino acid synthesis. Mega Daily One Plus has 240% of the Recommended Daily Allowance of Vitamin D3! Vitamin D contributes to the maintenance of normal muscle and immune system function, and to the normal absorption/utilisation of calcium and phosphorus. Zinc contributes to normal fertility, reproduction and to the maintenance of normal testosterone levels in the blood, and also to normal macronutrient metabolism. Magnesium contributes to normal functioning of the nervous system: neurotransmission and muscle contraction including heart muscle; also to normal protein synthesis and to the maintenance of normal bones and teeth. Selenium contributes to normal spermatogenesis, to normal thyroid function and to the maintenance of normal hair, nails.

*These statements have been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).

WARNINGS: KEEP OUT OF REACH OF CHILDREN! Don't exceed the recommended daily dosage! Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such.

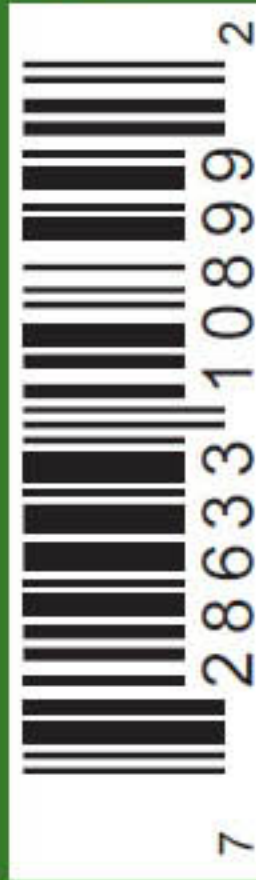
Allergen info: Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.

Storage conditions: Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY)

Batch number: see on packaging.

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Formulated by and manufactured for **SCITEC NUTRITION**

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Nutrition Information Serving Size: 2 capsules Serving per container: 60

Amount per serving		NRV%*			NRV%*
Vitamin A	2249 mcg RE	281%	Calcium	193 mg	24%
Vitamin B1 (Thiamine)	39 mg	3545%	Magnesium	87 mg	23%
Vitamin B2 (Riboflavin)	48 mg	3429%	Iron	13 mg	93%
Vitamin B3 (Niacin)	50 mg NE	312%	Zinc	10 mg	100%
Vitamin B5 (Pantothenic Acid)	47 mg	783%	Manganese	4.7 mg	235%
Vitamin B6 (Pyridoxine)	25 mg	1786%	Copper	1 mg	100%
Vitamin B7 (Biotin)	184 mcg	368%	Iodine	120 mcg	80%
Vitamin B9 (Folic Acid)	366 mcg	183%	Selenium	48 mcg	87%
Vitamin B12	95 mcg	3800%	Molybdenum	7.5 mcg	15%
Vitamin C	250 mg	312%	Rutin	25 mg	
Vitamin D	12 mcg	240%	Hesperidin	11 mg	
Vitamin E	84 mg α-TE	700%	Choline	10 mg	
			Inositol	10 mg	

*NRV%: Nutrient Reference Values.

Ingredients: Calcium Carbonate, DL-Alpha Tocopheryl Acetate, Bovine Gelatin, L-Ascorbic Acid, Magnesium Oxide, Calcium D-Pantothenate, Nicotinamide, Riboflavin, Thiamine Mononitrate, Ferrous II Fumarate, Pyridoxine HCl, Rutin extracted from Sophora japonica flower (86%), Zinc Sulphate Monohydrate, Choline Bitartrate, Anti-Caking Agent (Magnesium Stearate), Vitamin A Acetate, D-Biotin, Manganese Sulphate Monohydrate, Hesperidin extracted from Citrus aurantium fruit (93%), Sodium Selenite, Inositol, Cyanocobalamin, Colors (Titanium Dioxide, Black Iron Oxide, Indigotine), Cholecalciferol, Copper II Sulphate Pentahydrate, Pteroylmonoglutamic Acid, Potassium Iodide, Sodium Molybdate, Glazing Agent (Shellac).

DIRECTIONS: Take 1 capsule 2 times a day with meals.