

Kre-Alkalyn® is a patented Creatine. It is a "pH-correct™", buffered form. Kre-Alkalyn® is a Creatine product with a pH above 12, because it's synthesized using a patented manufacturing process to change its pH. It is intended to make it more stable. Approximately 95% of the Creatine in the body is located in skeletal muscle cells. These cells can store more Creatine than what you normally get from your daily diet and is synthesized by the body. By supplementing your diet with ALKALY-X, your muscles will retain more Creatine. Creatine in a minimum of 3 g daily dose is scientifically proven to increase performance in successive bursts of short-term, high intensity exercise like weight training and intense interval cardio*. ALKALY-X has several more popular sport supplement ingredients, including the amino acids Arginine and Taurine, as well as Beta-Alanine in a significant dose. Beta-Alanine is a non-essential amino acid that's used by muscle cells to synthesize Carnosine, a dipeptide consisting of Beta-Alanine plus L-Histidine. Carnosine is found in high concentrations in skeletal muscle, and it's preferentially located in the strongest Type II fast-twitch muscle fibers. Boosting Carnosine in muscles via supplementation has a growing popularity among educated bodybuilders and athletes.

**These statements have been scientifically proven by the European Food Safety Authority (EFSA) and authorized by the European Commission (EC).*

Warnings: Beta-Alanine may cause a harmless, temporary tingling sensation on the skin for some individuals. Use this product in conjunction with food as part of a healthy, balanced diet, not as a substitute for such. KEEP OUT OF REACH OF CHILDREN! Don't exceed the recommended daily dosage!

Allergen info: Manufactured in a facility that processes milk, egg, gluten, soy, peanuts, nuts, fish and crustacean ingredients.

Storage conditions: Store in a cool, dry place. Heat and sunlight may damage the bottle!

Best before end: see on packaging. (MM/YYYY)
Batch number: see on packaging.



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Formulated by and manufactured for SCITEC NUTRITION

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ALKALY-X
Food Supplement
Powder with Carbohydrates, Beta-Alanine, Creatine, L-Arginine, Taurine, AKG, sugar and sweeteners.

NET WT:
660 G

Nutrition Information		Servings per container: 20	Serving size: 33 g (1/2 scoop)
Amount per serving	RI%**	Amount per serving	
Energy	386 kJ/92kcal	5%	Kre-Alkalyn® 3000 mg
Fat	<0.5 g	0%	("pH-correct™" buffered Creatine Monohydrate)
of which Saturates	0 g	0%	of which pure Creatine 2612 mg
Carbohydrate	23 g	9%	Beta-Alanine 3000 mg
of which Sugars	11 g	12%	L-Arginine Base 1000 mg
Protein	0 g	0%	Support Matrix 1005 mg
Salt*	<0.01 g	0%	-Taurine (990 mg)
			-AKG
			(Alpha-Ketoglutarate Calcium) (10 mg)
			-BioPerine® (Piper fruit extract) (5 mg)

*Salt content is due to the presence of naturally occurring sodium.

**RI%: Reference intake of an average adult (8400 kJ/2000 kcal).

Ingredients: Maltodextrin, Dextrose, Beta-Alanine, Kre-Alkalyn® (buffered Creatine Monohydrate), Waxy Maize Starch, L-Arginine Base, Taurine, Flavors (Wild Berries, Raspberry), Acidity Regulator (Citric Acid Anhydrous), Sweeteners (Acesulfame K, Sucralose), Alpha-Ketoglutarate Calcium, BioPerine® (Piper fruit 50:1 extract), Colors (Carmoisine***, Brilliant Blue FCF).

***May have an adverse effect on activity and attention in children!

Directions: Mix 1 serving with 500 ml water daily and take it primarily before or right after training.