



**RONNIE COLEMAN  
SIGNATURE SERIES**

**SUPPLEMENT FACTS**

Serving Size: 1 Scoop (14.5 grams)

Servings Per Container: 90

Amount Per Serving	% Daily Value †	
Calories	5	
Total Fat	0 g	0%
Total Carbohydrate	1 g	1%
Sugar	0 g	
Sodium (as Citrate)	44 mg	2%
Potassium (as Phosphate)	237.6 mg	7%
Thiamin (Vitamin B-1) (as thiamin HCl)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Vitamin B3)	20 mg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Magnesium (as Phosphate)	22.5 mg	6%
<b>Instantized BCAA's (as InstAminos™)</b>		
2:1:1 Ratio	5,000 mg	‡
L-Leucine (2,500 mg)		
L-Isoleucine (1,250 mg)		
L-Valine (1,250 mg)		
<b>INTRA-Training Performance &amp; Hydration Complex</b>	3,785 mg	‡
L-Taurine, Potassium Phosphate, Sodium Citrate, Magnesium Phosphate & HICA (Alpha-Hydroxy-Leucine Calcium Salt)		
<b>STIM-FREE Fat Loss Support Complex</b>	3,180 mg	‡
L-Alanine, Raspberry Ketones, Choline Bitartrate, Coleus Forskohlii & Inositol		
<b>AstraGin™</b> (Astragalus Membranaceus & Panax Notoginseng)	25 mg	‡

† Percent Daily Values are based on a 2,000 calorie diet.

‡ Daily Value Not Established.

**Other Ingredients:** Citric Acid, Natural & Artificial Flavors, Malic Acid, Sucralose, Acesulfame Potassium, Maltodextrin & FD&C Red #40.