

# CREATINE

PROMOTE STRENGTH, POWER & ENDURANCE



## CORE SERIES

### RAPIDLY ABSORBED CREATINE COMPLEX

- 5 SUPERIOR CREATINE BLENDS
- NO LOADING REQUIRED
- PHARMACEUTICAL QUALITY

DIETARY SUPPLEMENT  
NET WEIGHT .661 LBS (300G)

[www.sporteda.com.ua](http://www.sporteda.com.ua)

#### SUPPLEMENT FACTS

Serving Size: 5 g (3 scoops)

Servings Per Container: 60

Amount Per Serving	% Daily Values
<b>Creatine Blend</b>	5000 mg †
<small>(Creatine AAB, DiCreatineMalate, Creatine Nitrate, Con-Cret®, Cinnulin PF.)</small>	

\* Percent Daily Values are based on a 2000 calorie diet.

† Daily value not established

**ALLERGEN WARNING:** This product was produced in a facility that may also process ingredients containing milk, egg, soybeans, shellfish, fish, tree nuts, and peanuts.  
**STORAGE CONDITIONS:** Store in a cool dry place.

\*\*CON-CRET® is a registered trademark of ProMera Health, LLC and Creatine HCl is patent pending and licensed for use.

## FUELING ATHLETES SAFELY

BANNED-SUBSTANCE FREE  
CERTIFICATIONS



CLINICAL STUDIES  
& RESEARCH PROGRAM



## DEMAND MORE OF YOUR BODY-AND YOUR CREATINE

MusclePharm® Creatine increases Creatine status by enhancing uptake and bioavailability. Clinically-proven Cinnulin heightens absorption, so our five pure and diverse Creatine complexes delivering a range of benefits will launch directly into muscles. MP Creatine increases explosive energy, ATP energy and overall power. For added stamina, strength and lean muscle growth, feed your body the total Creatine package.

**DIRECTIONS:** As a dietary supplement, mix three scoops (5g) in 8 oz juice, water, or your protein drink of choice daily. Drink immediately. To maximize results, drink 8 to 10 glasses (8 oz) of water once daily. A loading phase is not required or recommended with this product.

**WARNING:** A loading phase is not required or recommended with this product. Do not exceed the recommended daily dose. Consult a physician prior to use if you have any medical conditions. Do not use if you are pregnant or lactating. **KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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