

# VITA COMPLEX

**WARNINGS:** KEEP OUT OF REACH OF CHILDREN. Store bottle tightly closed between 5-30°C (41-86°F) and the relative humidity below 70%. Keep away from direct heat, moisture and sunlight. Do not exceed the recommended dosage!

**DIRECTIONS FOR USE:** As a dietary supplement, take 1 tablet daily.

**OTHER INGREDIENTS:** Filler (microcrystalline cellulose, hydroxypropyl-methyl cellulose), Potassium sulfate, coating (hydroxypropyl-methyl cellulose, colors: iron oxide yellow, titanium dioxide), anti sticking agents (magnesium stearate, stearic acid)

EXPIRY DATE: SEE ON THE PACKAGING

Formulated and manufactured for

**BioTechUSA™**

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V-40326



BioTechUSA™

# VITA COMPLEX DIETARY SUPPLEMENT

13 VITAMINS  
2 months supply  
10 MINERALS

60  
TABLETS

Supplement Facts		
	Serving size: 1 tablet	Servings per container: 60
	amount per serving	%RDA*
Vitamin A (as retinyl acetate)	910 µg	113%
Vitamin C (as ascorbic acid)	60 mg	75%
Vitamin D (as cholecalciferol)	5 µg	100%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	125%
Vitamin K (as phytonadione)	30 µg	40%
Vitamin B1 (as thiamine mononitrate)	1.4 mg	127%
Riboflavin	1.6 mg	114%
Niacin (as niacinamide)	18 mg	112%
Vitamin B6 (as pyridoxine HCl)	2 mg	142%
Folic Acid	200 µg	100%
Vitamin B12 (as cyanocobalamin)	1 µg	40%
Biotin	150 µg	300%
Pantothenic Acid (as d-calcium pantothenate)	6 mg	100%
Calcium (as dicalcium phosphate and calcium carbonate)	126 mg	15%
Iron (as iron sulfate)	4.2 mg	30%
Iodine (as potassium iodide)	75 µg	50%
Magnesium (as magnesium oxide)	60 mg	16%
Zinc (as zinc oxide)	5 mg	50%
Selenium (sodium selenite)	25 µg	45%
Copper (as copper sulfate)	1 mg	100%
Manganese (as manganese sulfate)	1 mg	50%
Chromium (as chromium chloride)	25 µg	62%
Silicon (as silicon dioxide)	25 µg	**
Bioperine (from Black pepper 100% fruit)	2 mg	**

\*RDA - Recommended Dietary Allowance  
\*\*No RDA has been established.