

# Nutrition Facts

Serving Size 1 Scoop (33.7g)

Servings Per Container ~27

| Amount Per Serving        |       | %Daily Value* |
|---------------------------|-------|---------------|
| <b>Calories</b>           | 125   |               |
| Calories From Fat         | 9     |               |
| <b>Total Fat</b>          | 1g    | 2%            |
| Saturated Fat             | 0.5g  | 3%            |
| Trans Fat                 | 0g    |               |
| <b>Cholesterol</b>        | 35mg  | 12%           |
| <b>Sodium</b>             | 110mg | 5%            |
| <b>Total Carbohydrate</b> | 4g    | 1%            |
| Dietary Fiber             | 3g    | 12%           |
| Sugars                    | 1g    |               |
| <b>Protein</b>            | 25g   | 50%           |

|                |   |              |   |             |   |             |
|----------------|---|--------------|---|-------------|---|-------------|
| Vitamin A 0%   | • | Vitamin C 0% | • | Calcium 15% | • | Iron 5%     |
| Phosphorus 10% | • | Magnesium 8% | • | Copper 2%   | • | Chloride 0% |
| Riboflavin 13% | • | Potassium 8% |   |             |   |             |

\*Percent Daily Value based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Sat. Fat           | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

## Typical Amino Acid Profile

Grams of amino acids per serving of Animal Whey™.

|               |        |
|---------------|--------|
| Alanine       | 1200mg |
| Arginine      | 585mg  |
| Aspartic Acid | 2600mg |
| Cystine       | 630mg  |
| Glutamic Acid | 3000mg |
| Glycine       | 465mg  |
| Glutamine     | 1100mg |
| Histidine     | 495mg  |
| Isoleucine    | 1500mg |
| Leucine       | 2700mg |
| Lysine        | 2200mg |
| Methionine    | 525mg  |
| Phenylalanine | 850mg  |
| Proline       | 1400mg |
| Serine        | 1100mg |
| Threonine     | 1600mg |
| Tryptophan    | 420mg  |
| Tyrosine      | 750mg  |
| Valine        | 1400mg |

The amino acids in this product are naturally occurring from the protein source.

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**INGREDIENTS:** Animal Whey Protein Blend [cross flow micro filtered whey protein isolate, ultra filtrated whey protein concentrate (milk)], cocoa, natural and artificial flavors, cellulose gum, xanthan gum, carrageenan, lecithin (soy), sodium chloride, acesulfame potassium, sucralose, Animal Whey Digestive Enzyme Blend (papain, bromelain). Made in a GMP facility on equipment that processes milk, soy, egg, peanuts, tree nuts, fish, shellfish, and wheat.

**DOSAGE:** Mix 1 scoop of Animal Whey™ with 4-6 ounces of skim milk or your beverage of choice. For best results, use a blender or Animal Shaker Cup. On training days, use 2 or more servings post-workout or whenever more protein is required. For more flavor, use slightly less liquid when mixing up Animal Whey™.