

Supplement Facts

Serving Size 3 Scoops (~99g)

Servings Per Container 15

Amount Per Serving		%DV	Amount Per Serving	%DV
Calories	302		L-Leucine	**
Calories from Fat	14		Leucine Alpha Ketoglutarate (AKG)	**
Total Fat	1.5g	2%*	Leucine Ethyl Ester	**
Saturated Fat	1g	6%*	N-Acetyl Leucine	**
Total Carbohydrate	52g	17%*	Volubolic Amino Blend	7000mg
Sugars	27g	**	Taurine	**
Protein	20g	40%	Glutamine Alpha Ketoglutarate (AKG)	**
Calcium	118mg	12%	L-Phenylalanine	**
Sodium	130mg	5%*	Citrulline Malate	**
Potassium	202mg	6%	Creabolic Complex	3000mg
			Creapure®	**
Torrent Proprietary Blend	18,000mg		Creatine MagnaPower®	**
Anti-Catabolic Leucine Complex	8000mg		Tri-Methyl Glycine (TMG)	**

** No Daily Value established

* Percent Daily Value based on a 2000 calorie diet.

OTHER INGREDIENTS: Osomosulin Matrix™ (D-glucose, waxy maize, maltodextrin), partially hydrolyzed whey protein concentrate (milk), (providing di-, tri-, oligo and polypeptides), creatine monohydrate, magnesium creatine chelate, natural and artificial flavors, malic acid, citric acid, lecithin (soy), sodium chloride, sucralose, acesulfame potassium, dimagnesium phosphate, FD&C Yellow # 5, potassium phosphate.

INGREDIENT NOTES: Creatine MagnaPower® is a registered trademark of Albion Laboratories, Inc., and is covered by U.S. Patent 6,114,379 and patents pending. Creapure® Brand Creatine is an exclusive product of AlzChem Trostberg GmbH Germany. Tested and proven free of impurities. U.S. Patent # 5,719,319.

DOSAGE: For use as a dietary supplement, take one serving of Torrent™ within 30 minutes of your workout. Mix 3 heaping scoops along with 20-25 oz. of your beverage of choice. For best results, consume Torrent™ after each training session.

WARNING: This product is not for use by anyone under the age of 18. Do not take this if you have or are at risk for any medical condition or disease. Please consult with a physician before using this product, especially if you are using any prescription drug, over-the-counter medication, or supplements. Immediately discontinue use if any side effects occur. For State of California residents only: this product contains a chemical known to the State of California to cause birth defects or other reproductive harm. Keep out of reach of children. Athletes should consult with their sanctioning authority before use. Do not exceed recommended dose. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. This product is manufactured in a GMP facility that uses milk, soy, egg and peanuts.



MADE PROUDLY IN THE U.S.A.
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